

Dear VISAA Athletic Director and Head Varsity Girls Lacrosse Coach:

The Virginia Independent Schools Athletic Association Girls Lacrosse Committee is excited about the upcoming spring season. We look forward to serving our VISAA participating schools, and providing a championship event worthy of our student athletes.

The Sports Committee will rank the top 10 teams in each Division each polling period, and the tournament will consist of the top 8 teams in the final poll for Division I and Division II schools. VISAA has adopted a Policy and Procedures Manual that sets the divisional breakdowns for all sports. Schools with enrollments of 161 or more girls in grades 9-12 are Division I schools, while those with 160 and fewer girls are Division II schools. Division II schools may elect to play up, but that should be communicated to us before the first poll comes out. The quarterfinal and semifinal games will be held at the higher seeded school. Championship D I & D II Finals will be held in the central region at a site yet to be determined.

The schools invited to participate in the state tournament in May will be notified by Sunday, May 12th. The dates for the girls' state lacrosse tournament are as follows:

Quarterfinals– Tuesday, May 14th - played at higher seed. Semi-finals – Thursday, May 16th – played at higher seed. Championship Finals – Saturday, May 18th-site TBD. Division I Championship @ 12:00PM Division II Championship @ 2:00PM

Each Saturday, beginning April 6th, please be sure to email your game scores to Mary Blake, at mblake@stab.org. Mary Blake will be in touch with how to submit scores in the coming weeks. Please hold off sending your scores until you hear from her. The 1st poll will be April 8th and each week following. The VISAA Girls Lacrosse Committee will compile the team records and scores and share weekly polls with all participating schools. The dates that the polls will be distributed are: April 8th, April 15th, April 22nd, April 29th and May 6th. On May 12th the final poll

and tournament seeding will be shared with all participating schools. The VISAA Girls Lacrosse Committee also strongly recommends posting your scores on MaxPreps.

I look forward to returning to an exciting spring season of lacrosse for all participating VISAA Schools.

Sincerely,

Jeanne Short, CAA VISAA Girls Lacrosse Sports Chair Athletic Director jeanneshort@capehenry.org, 757-963-8267

VISAA Girls Lacrosse Committee

Claire Berg, Potomac School Mary Blake, St. Anne's Belfield School Kristen Conques, Highland School Kathy Jenkins, St. Stephens & St Agnes School Colleen Norair, Covenant School Ashmore Standing, Cape Henry Collegiate Blair Weymouth, Norfolk Academy Michelle Woodruff, Foxcroft School